

February 2010

Newport Recreation's "What Not to Miss"

Winter Happenings

**Special Hours at Hut
"Vacation Week"**
Feb. 15 - 19

Vacation Camp
Grades 1 -5
8:30-AM - 3:30 PM
Games, Trips Activities
\$95/ week



Indoor Fitness Walking
Preschool Open Gym
Home-School Open Gym
All cancelled for week
Main Office closed Monday 2/15

NEW! Youth Indoor Tennis
Saturdays: 4 week sessions
Ages 4 through Middle School
Session 2: Feb. 27—March 20
Small class size
Florence Gray Center
\$40/series



Newport Named an "ACHIEVE" Healthy Community

The Newport Recreation Department has received a 2010 national grant along with 39 other cities and towns across the country and will join 53 previously funded communities looking to combat obesity and chronic diseases and support wellness.

The Centers for Disease Control and Prevention (CDC) have recognized Newport's early involvement as a "Step Up to Health" community which supports community parks, recreation facilities and active programming. ACHIEVE stands for (Action Communities for Health, Innovation, and EnVironmental changeE) and focuses on developing and implementing policy, systems, and environmental change strategies that can help prevent or manage health risk factors for heart disease, stroke, diabetes, cancer, obesity, and arthritis.

For information on joining the community planning team contact Recreation Director Susan Cooper at 845-5800

IMPORTANT DATES!

Wed. March 3:
Zumbatomic begins
Ages 6-11 4:15-5 PM
\$15- 5 weeks (\$25/NR)

Wed. March 31:
Argentine Tango Lessons
7-8 PM - 4 weeks
\$20/ person \$30/couple

**Little League &
Girl's Softball Sign-Ups**
Sat. Feb. 27 8 AM—Noon
Sat. March 2 10 AM-2 PM
Hut: 35 Golden Hill St.
Ages 5-12 (Girls—14)

Newport residents only!
For Info:
Newport Baseball: 847-2402
5th Ward Baseball: 848-2363
Softball : 524-9436
{Program is independent of
Newport Recreation Dept.}

Donations Needed

Many families need financial help for their children to participate in sports and camps.

\$20 = 1 day of camp or a full summer of tennis!

Each \$20 donation you will receive a Newport 2010/11 desk calendar

Drop-In Activities for Fun

INDOOR FITNESS
WALKING FOR ADULTS
Mon to Fri: Noon—1:30 PM
Tues/ Thur: 7:00-8:30 AM
Cost: \$1/session or multi-use card
Hut- gymnasium. Resumes 2/22

Pre-school Drop-in Gym
Mon/Thu: 10-11:30 AM
\$5/family/ visit Resumes 2/22
Home-school Drop-in Gym
Tues: 10:30 -11:30 AM
\$2/family/visit. Resumes 2/23

Newport Recreation Department
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